





Assistance for Plan members

The Plan office has a resource person to assist you during the application process and answer any of your questions concerning your long-term disability.

Lindsay, Navigator (902)461-0421 x227 (877)461-0421 x227 www.nsps-ltd.com The Navigator is an employee of the Plan office <u>not Manulife</u> <u>or your employer</u> and is not involved in the management of your claim. Your conversations are confidential. The role of the Navigator is to help you navigate through the LTD process from start to finish by answering any questions you might have along the way.

They can explain the LTD application process, they can help you complete the initial LTD application, and let you know what to expect.